

BREAKFAST.....

THE QUICK START

freshly squeezed orange or grapefruit juice, 16
selection of freshly baked croissants, danish and muffins
fresh fruit and freshly brewed coffee or tea

HEALTHY START

fresh orange juice, grapefruit, cranberry, V8, apple or tomato 16
house made granola and low-fat yogurt
freshly brewed regular or decaffeinated coffee or assorted teas

BREAKFAST ENTREES

all egg dishes served with white, rye, sour dough or
whole wheat toast and home fried potatoes.
egg substitute or egg whites available for \$1 extra.

three egg omelet 16
choice of fine herbs, ham, mushrooms,
peppers, onions, swiss, cheddar or american cheese

eggs benedict 16
english muffin canadian bacon, hollandaise,
home fried potatoes

two eggs any style 17
with bacon, sausage or ham

smoked north atlantic salmon 16
served with capers, red onion, tomato,
bagel and cream cheese

buttermilk pancakes 13
with fresh berries and maple syrup

FROM THE BAKESHOP

freshly baked croissants, danish, muffin (choice of two) 8
bagel with cream cheese 5
white, rye, sour dough or whole wheat 4
served with butter and preserves

CEREALS AND YOGURT

slow cooking mccanns oatmeal 6
assorted breakfast cereals 5
low-fat yogurt 6
add strawberries, banana or mixed berries add 3

SIDE ORDERS

applewood smoked bacon, canadian bacon,
sausage, home fries, tater tots 7
seasonal berries 5
sliced fruit 7

BEVERAGES

freshly brewed coffee, decaf or selection of teas 6
hot chocolate 6
espresso 6
cappuccino 7
whole or skim milk 5

FRESH FRUIT AND JUICES

fresh orange or grapefruit juice
apple, cranberry, tomato, pineapple, v-8 juice 6